**WORKSHEET 3: IDENTIFY CONNECTIONS BETWEEN POLICY AND PRACTICE**

This worksheet includes four sections that assess the connections between the written wellness policy and the district and school practices.

**Instructions:** Print out the WellSAT 3.0 Scorecard and Scorecard for the WellSAT-I. With the two scorecards side by side, go through each section and identify the following using Worksheet 3:

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Description automatically generatedAll items that received a written policy score of 2 and an interview practice score of 2. These are your district's Strong Policies and Aligned Practices. List items in this section on Worksheet 2, starting with those that are federally required.

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Description automatically generatedAll items that received a written policy score of 1 or 2 and an interview practice score of 0 or 1. These are items where you need to Create Practice Implementation Plans. List items in this section on Worksheet 2, starting with those that are federally required.

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Description automatically generatedAll items that received a written policy score of 0 or 1 and an interview practice score of 2. These items are where your district should Update Policies. List items in this section on Worksheet 2, starting with those that are federally required.

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Description automatically generatedAll items that received a written policy score of 0 or 1 and an interview practice score of 0 or 1. These items represent Opportunities for Growth. List items in this section on Worksheet 2, starting with those that are federally required.

**SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES**

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Description automatically generatedThis document identifies where the district has a strong policy and is fully implementing practices that align with the policy.

* Describe the items that received a written policy score of 2 **and**   
  an interview practice score of 2. **Start with the Federal Requirements for each section.**

|  |  |
| --- | --- |
| Item number | Item description |
|  | Section 1. Nutrition Education |
|  |  |
|  |  |
|  |  |
|  | Section 2: Standards for USDA Child Nutrition Programs and School Meals |
|  |  |
|  |  |
|  |  |
|  | Section 3: Nutrition Standards for Competitive and Other Foods and Beverages |
|  |  |
|  |  |
|  |  |
|  | Section 4: Physical Education and Physical Activity |
|  |  |
|  |  |
|  |  |
|  | Section 5: Wellness Promotion and Marketing |
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|  | Section 6: Implementation, Evaluation & Communication |
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**SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN**

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Description automatically generatedThis document identifies areas where there is a strong or weak policy, but practice implementation is either absent or limited. The Connecticut State Department of Education (CSDE) recommends working with key stakeholders and developing a plan to fully implement the policy as written.

* Enter the items that received a written policy score of 1 or 2 **and** an interview practice score of 0 or 1. **Start with the Federal Requirements for each section.**

|  |  |
| --- | --- |
| Item number | Item description |
|  | Section 1. Nutrition Education |
|  |  |
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|  | Section 2: Standards for USDA Child Nutrition Programs and School Meals |
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|  | Section 5: Wellness Promotion and Marketing |
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|  | Section 6: Implementation, Evaluation & Communication |
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**SECTION 3: UPDATE POLICIES**

This document identifies areas where the LEA is (a) fully implementing practices but there is no or only weak language in the written policy, or (b) partially implementing practices with no policy language. Best practice is to update the policy to match the implementation level.

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Description automatically generated

* Enter the items that received a written policy score of 0 or 1 **and** an interview practice score of 2. **Start with the Federal Requirements for each section.**

|  |  |
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| Item number | Item description |
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|  |  |
|  | Section 5: Wellness Promotion and Marketing |
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|  | Section 6: Implementation, Evaluation & Communication |
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**SECTION 4: OPPORTUNITIES FOR GROWTH**

This identifies areas where the district has either not addressed the topic in policy or practice; or has only addressed the topic in a very limited way.

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* Enter the items that received a written policy score of 0 or 1 **and**   
  an interview practice score of 0 or 1. **Start with the Federal Requirements for each section.**

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| Item number | Item description |
|  | Section 1. Nutrition Education |
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